

HURRICANE SUPPLIES CHECKLIST

Three levels that build on each other. Start with Basic and work up as far as you can — a week (Intermediate) is the sensible baseline for a small island, two weeks (Advanced) is real resilience. Quantities scale with your household: use the supplies calculator on the site to size water and food.

Water rule of thumb: 1 gallon per person per day for drinking and hygiene — more in the heat. Include your pets. After a major storm expect no mains power, no piped water, closed shops and limited fuel.

LEVEL 1

BASIC

3 days · the minimum to shelter in place or grab and go

- ☐ Drinking water — 1 gallon per person per day, at least 3 days (include pets)
- ☐ 3 days of non-perishable food that needs no cooking (canned, dried, ready-to-eat)
- ☐ Manual can opener
- ☐ Baby formula, food and nappies, if needed

- ☐ Flashlight or headlamp for each person, plus spare batteries
- ☐ Battery or hand-crank radio (to hear Radio Cayman when the network fails)
- ☐ Phone power bank, fully charged, plus charging cables

- ☐ First aid kit
- ☐ Two weeks of every prescription medication, in a waterproof bag
- ☐ Soap, hand sanitiser, wet wipes, toilet paper, personal hygiene items
- ☐ IDs, passports, insurance & policy numbers in a waterproof bag, plus photos emailed to yourself
- ☐ Cash in small bills (ATMs and card machines fail with the power)

- ☐ Whistle for each person
- ☐ Sturdy closed-toe shoes and a change of clothes per person
- ☐ Pet carrier/lead, food, water, medication and vaccination record (if you have pets)

LEVEL 2

INTERMEDIATE

7 days · everything in Basic, plus — shelter-in-place ready

- ☐ Scale water and food to 7 days for everyone, pets included
- ☐ Cooler and ice packs, or freeze bottles of water, to stretch fresh food
- ☐ Camp stove or gas burner with fuel; lighter and waterproof matches
- ☐ Ready-to-eat comfort foods and electrolyte / rehydration drinks

- ☐ Extra batteries in all the sizes you use; lanterns and glow sticks (avoid candles)

HURRICANE SUPPLIES CHECKLIST

- ☐ Basic tool kit, work gloves, duct tape, tarpaulin and rope
- ☐ Multi-port charger and a car charger
- ☐ Larger first aid kit; any medical devices with a backup power plan
- ☐ Unscented household bleach and a dropper (treat water: 8 drops per gallon, wait 30 min)
- ☐ Heavy-duty garbage bags, a bucket, and extra sanitation supplies
- ☐ Mosquito repellent and nets (mosquitoes surge after flooding)
- ☐ Fire extinguisher
- ☐ Containers to fill with utility water; fill the bathtub at a Watch
- ☐ Books, cards, games and comfort items for children
- ☐ Spare house and car keys; a laminated copy of your family plan

LEVEL 3

ADVANCED

14 days · everything in Intermediate, plus — full resilience

- ☐ Scale water and food to 14 days; add a water filter or purification tablets
- ☐ Extra cooking fuel and long-life staples (rice, beans, tinned protein)
- ☐ Generator or portable power station with safely stored fuel (run generators outdoors only)
- ☐ Solar charger or a larger power bank
- ☐ NOAA weather radio for offshore and regional forecasts; a spare radio
- ☐ Chainsaw with fuel and safety gear (only if trained); a handsaw as backup
- ☐ Plywood or window film, screws, sealant and roofing patch materials
- ☐ Ladder, heavier tool kit and tie-down / ratchet straps
- ☐ Comprehensive first aid; extra prescription buffer where your doctor allows
- ☐ Portable toilet or sanitation setup with supplies for an extended outage
- ☐ Extra fuel for vehicles and a cash reserve
- ☐ Backup of key documents on a USB drive and in cloud storage
- ☐ N95 masks, eye protection and heavy gloves for clean-up